



NEWSLETTER

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The ManUp4Her partnership is excited to share new project updates, promoting awareness and action against gender-based violence (GBV). With only one in ten prevention initiatives targeting men and boys, a critical gap persists. ManUp4Her addresses this with innovative tools to support GBV prevention and recognition. Discover the videos and interviews below!

Know the Signs: Preventing & Recognising Gender-Based Violence

A series of educational videos focuses on recognizing and preventing GBV in workplaces, public spaces, and homes. They illustrate real-life scenarios and practical examples, provide guidance on spotting warning signs and intervening safely.



Preventing gender-based violence (GBV) at Home

This video highlights how small daily habits and healthy communication form the foundation of safer, more supportive relationships.



Recognising gender-based violence (GBV) at Home

GBV at home often starts with subtle behaviors like belittling or controlling someone. The video shows how to offer supportive, non-judgmental help.



Prevention of gender-based violence (GBV) at Work

GBV in the workplace often stems from rigid gender norms and stereotypes. See how your support makes a difference



Recognising gender-based violence (GBV) at Work

The video highlights subtle workplace GBV. EU data show that 31% of women experience violence in adulthood, with younger women particularly at risk.



Preventing gender-based violence (GBV) in Public

This video introduces the 5 Ds of bystander intervention - practical strategies to safely respond when you witness GBV or harassment.



Recognising gender-based violence (GBV) In Public

Safety in public spaces can be compromised. Through an example of GBV, the video encourages recognizing and using the signal for help.

“He said. She said.” - A vlog series with expert interviews

“He Said. She Said.” is a new vlog series featuring expert interviews on gender-based violence (GBV). Each episode, under 10 minutes, offers a unique perspective on GBV, exploring its impact, what it looks like in different environments, and the experiences of those affected. The interviews focus on prevention and recognition, highlighting the importance of being an informed, active bystander.



Featured expert interviews:



Marie Cucurella – GBV and Masculinities
produced by JKPeV



Frank Scheinert – Men Against Violence: Building a Safer Future for All Genders
produced by EIBM



Olympia Kalampaliki – Recognising GBV at work
produced by Kainotomia



Marta Fernández – Preventing GBV in Public
produced by Let Her In



Margherita Alessio – Preventing GBV at Work
produced by UniTo

Tip of the issue

In the article *“The deadly truth about a world built for men – from stab vests to car crashes”* (2019), Caroline Criado Perez highlights how designs in everyday life – such as crash-test dummies based on the ‘average’ male – have historically overlooked women's needs, leading to increased risks for women, even in the everyday life.

This must-read piece underscores the importance of inclusive design and data in creating safer environments for all.

Watch the interviews on [Youtube!](#)



Follow ManUp4Her for updates and resources:



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