



NEWSLETTER

Issue no.02



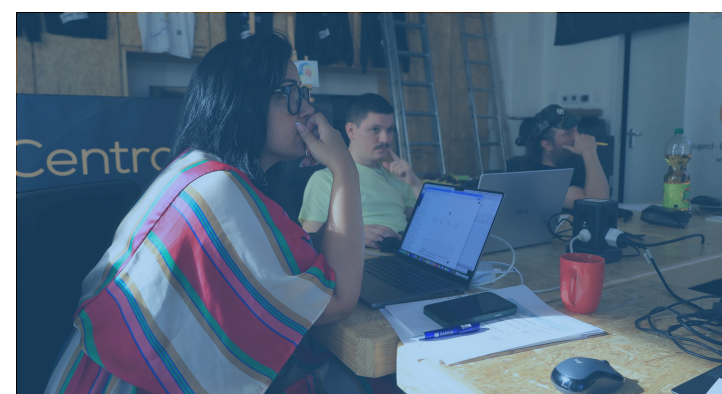
Dresden Meeting: Progressing on the ManUp4Her Project's GBV Resources

On September 5-6, 2024, partners of the ManUp4Her project convened in Dresden, hosted by Jugend- & Kulturprojekt e.V., to advance key resources focused on addressing gender-based violence (GBV). Representatives from Università degli Studi di Torino (Italy), Europäische Jugendbildungsstätte Magdeburg (Germany), Jugend- & Kulturprojekt e.V. (Germany), KAINOTOMIA Lifelong Learning Center (Greece), and Let her in (Spain) joined forces to drive forward critical initiatives in the project.

During this two-day meeting, the team reviewed and refined the content for our interactive eBook, "Gender-Based Violence: The Complete Blueprint", with finalized sections scheduled for completion by December 2024. This comprehensive resource will include foundational insights on GBV, myth-busting sections, and practical strategies for intervention and support. It aims to educate readers on the complex issues surrounding GBV and empower them with tools to drive change.

In addition, the podcast series, "What They Don't Tell You About Gender-Based Violence," is set to launch in early 2025, offering a platform for open discussions about GBV without reinforcing stereotypes. This series emphasizes the importance of inclusive prevention efforts, encouraging men and boys to engage actively in the conversation.

JKPeV also presented new guidelines and a storyboard for an awareness video, with production expected to begin in November 2024. This video will underscore the urgency of addressing GBV by portraying real-life challenges women face across Europe.



By dedicating time to collaborative planning and concrete timelines, the ManUp4Her partners continue to build tools that foster understanding and advocate for a future without gender-based violence. Stay tuned for upcoming releases as we move closer to making these impactful resources widely available.



The Idea behind WP2

The idea behind Work Package 2 (WP2) is to create an approachable, educational foundation on gender-based violence (GBV) specifically for men, fostering awareness and empathy that can lead to active prevention. By offering an interactive eBook and a podcast series, WP2 seeks to introduce men to GBV's realities in a way that is both accessible and impactful. Through clear explanations, real-life examples, and insights from experts and survivors, this package aims to dispel myths, break down barriers to understanding, and encourage men to see their role in reducing GBV. The goal is to cultivate an informed, empathetic perspective that motivates men to contribute to a culture of respect and safety for all.



"Freedom cannot be achieved unless the women have been emancipated from all forms of oppression. Our endeavours must be about the liberation of the woman, the emancipation of the man, and the liberty of every child. Our society will never be free until all its people are free."

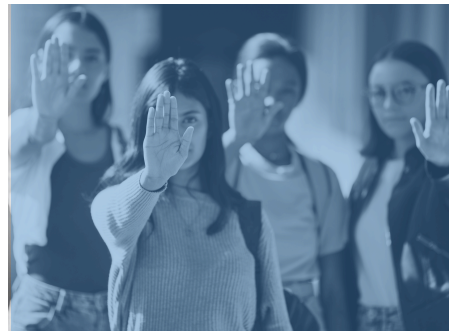
– Nelson Mandela

Project Number: 2023-1-DE02-KA220-ADU-000153716



**Co-funded by
the European Union**

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.



WP2: Introduction to Gender-Based Violence – Coming Soon!

We're thrilled to share that Work Package 2 of the ManUp4Her project, dedicated to the Introduction to Gender-Based Violence (GBV), will soon be available! This crucial package includes an interactive eBook and an insightful podcast series, both crafted to introduce men to the complexities of GBV and empower them to make a difference. The eBook delves into essential concepts, provides eye-opening statistics, and explores real-world case studies to shed light on GBV's prevalence, root causes, and far-reaching effects. With a mix of foundational insights and practical examples, the eBook serves as an informative resource designed to increase awareness and foster understanding among men.

The accompanying podcast series enhances this learning experience by featuring compelling conversations with GBV experts, survivors, and advocates. These discussions tackle challenging topics, offering multiple perspectives on GBV's impact and sparking reflection on how men can play an active role in prevention. Each episode encourages listeners to consider their own influence and offers concrete ideas for building safer, more inclusive communities. Designed to be accessible and engaging, this digital content package is central to our mission of fostering empathy, awareness, and positive action. By providing this resource, WP2 aims to cultivate an informed perspective and equip men with the knowledge and understanding they need to help break the cycle of violence. This work package is a powerful step toward creating a culture of respect, safety, and equality for everyone. Stay tuned for its release, and join us in our journey to combat GBV together!

ManUp4Her: Empowering Change Together

The ManUp4Her Facebook page is a dedicated space for spreading awareness and inspiring action against gender-based violence (GBV). Here, we share updates, resources, and success stories that encourage men to join the effort to prevent GBV and advocate for gender equality. Through our posts, followers can connect with a broader community of educators, gender advocates, and allies who are committed to making a difference. By following us, you'll stay informed and be part of a movement working towards a safer, more inclusive society for everyone.

Scan it and
join our FB page!



Tip of the issue

One powerful way to prevent gender-based violence is by being an active bystander. This means recognizing when something isn't right and stepping in safely to offer support—whether by distracting, providing assistance, or getting help from others. When bystanders take action, they send a strong message that violence and harassment are unacceptable, helping to create safer and more respectful communities for everyone. Empowering people with simple intervention skills can make a big difference in stopping harmful behaviors before they escalate.